

The Engaged Contributor
Workshop

Your Compelling Picture
– a preferred picture of you + your next contribution

Setting up

Give yourself some conducive conditions. You might begin by taking some silent time, meditating, praying, journaling, or whatever can bring you to a quiet and clear space so you can focus without distraction.

You may feel more creative and get to an even better place if you work on a wall with flipchart-size Post-Its.

Lots of space is good. And the more you write, the better.

A picture of what your next success would look like – and within that, what your best next contribution can be.

1. What do you see as you walk into a group of people who are benefitting from the contribution you and others are making?

Describe the setting and the kind of people you're relating to. Or it could be just one person's life. What's going on? As if you have a video camera, what do you see? What do you hear – what are people talking about?

(This could be a big stretch for you. On the other hand, it could be something that comes easily for you and could be overlooked because it's so close, so obvious and so easy that it's not valued as much as it deserves to be.)

... all of this inspired by the stories you've told.

Include in this picture... what is the greatest contribution you can imagine making? Perhaps it is a contribution that relates directly to what the kind of world you want.

You can expand on what you've begun to envision. You may want to imagine your whole life, and how it can be positively influenced by your living into your next level of success.

2. What's a good time horizon for you to be considering for realizing this vision and contribution? Six months? A year? Two years? Longer? It's up to you.

Tip: It would be far enough out that you'll have time to realize a *bold* vision. (Perhaps this is the most important contribution you'll make in your lifetime, or something approaching that.) But not so far in the future that you can wait until months from now to begin to take steps in that direction.

You can think of it as being in pencil, kind of tentative – if that will allow you to dream. Later you can see if you want to commit to it – or maybe you'll find a milestone in it that you want to commit to later.